

**Table 5.**

Summary of the Results of Post-workshop survey of Positive Parenting Talks  
(N=762)

Items	Strongly Disagree	Disagree	So-So	Agree	Strongly Agree
The talk has enhanced my knowledge of positive parenting. 是次講座增加了我對正向管教的認識。	1 (0.1%)	0 (0%)	9 (1.2%)	294 (38.6%)	458 (60.1%)
After the activity, I am more willing to accept the emotions of my children, and to facilitate their emotion expression. 活動後，我更願意接納孩子的情緒，並會嘗試幫助他們表達感受。	1 (0.1%)	0 (0%)	4 (0.5%)	314 (41.2%)	443 (58.1%)
After the activity, I will adopt positive parenting tactics instead of blaming, punishing, criticizing, shaming, or physically assaulting them for disciplining. 活動後，我會以正向的方式管教孩子，而不用指責、處罰、批判、羞辱、甚至暴力等的方式來管束他們。	1 (0.1%)	1 (0.1%)	13 (1.7%)	330 (43.3%)	417 (54.7%)
The activity has enhanced my confidence in relating to my children. 活動增加了我在教養孩子時的自信心。	1 (0.1%)	0 (0%)	34 (4.5%)	385 (50.5%)	342 (44.9%)
Overall speaking, I am satisfied with the content of this talk. 整體而言，我滿意今次的講座內容。	1 (0.1%)	1 (0.1%)	11 (1.4%)	295 (38.7%)	300 (59.6%)